



# FOUNDATION for MIND-BEING RESEARCH

P. O. BOX 449, Los Altos, CA 94023-0449

www.fmbr.org (650) 941-7462 fmbr@fmbr.org

**ATTENTION: *FMBR has changed our meeting place and time.***

FMBR will meet at 7:30pm at

Unity Community Church – the Y.E.S. Hall, 3391 Middlefield Road, Palo Alto

At our May 28<sup>th</sup> Meeting, Eliza MADA Dalian will speak on

## HEAL INTO CONSCIOUSNESS AND LEARN TO TRANSCEND YOUR MIND INTO PRESENCE IN THE NOW!

*Discourse & Demonstration with an award-winning author, spiritual teacher, and internationally acclaimed master healer Eliza MADA Dalian.*

Imagine how your life could be if you were able to:

- Quickly transcend your mind's duality and find your eternal being, which is never sick, has no pain, no material or financial burdens, and can never die?
- Discover a fresh new perspective on healing and awakening that can propel your being's healing journey into greater freedom and consciousness.
- Ask questions and receive practical guidance for your own individual journey from an enlightened being.

See a practical demonstration that • effortlessly identifies the root cause of blocks in the body, currently manifesting as pain or suffering; • shows how easy it is to remove these blocks permanently and ground these changes to enjoy a life free of pain, with heightened consciousness.

As a self-realized mystic with her own groundbreaking healing method, MADA will address the difficulties we face in practicing stillness and presence in a modern world, and will offer in-depth understanding of the mechanism of the development and transformation of the ego-mind into consciousness. MADA's book, In Search Of The Miraculous: Healing into Consciousness, is a recipient of five book awards. It offers practical and easy to understand tools to quickly transcend the chatter of the mind and bring you into consciousness and presence in the Now.

**Time:** May 28<sup>th</sup>, 2010 at 7:30 PM (new time)

**Place:** Unity Community Church – Y.E.S. Hall, 3391 Middlefield Road, Palo Alto (new location)

**Donations:** Free to members, \$15 Admission, \$5 Students with ID

**Eliza MADA Dalian** is a rare combination of an award-winning author, self-realized mystic, spiritual teacher, and internationally acclaimed master healer. She brings a leading edge perspective on healing and enlightenment, offering clarity, guidance, and major transformation in this time of profound shift in global consciousness. Affectionately known as MADA, a name she was initiated by, she began her personal quest for enlightenment at age twenty-four. After years of focused meditation practice and several profound spiritual experiences, she was blessed with an ultimate awakening experience at age 33. This life-altering experience took her some years to integrate into the ordinary world of day-to-day life, and in 1996 she developed a powerful new healing method (DHM) deemed by many as a method ahead of its time. Through this simple yet profound method she offers a practical solution for spontaneous healing and transformation of consciousness for individuals, society, and the planet. MADA travels internationally, offering workshops, healing sessions, and retreats, to individuals, children, and organizations. She lives in Vancouver, BC Canada.

## Why Search for Enlightenment?

As one reaches the stage of enlightenment, one achieves knowingness about existence, consciousness, the Absolute and the nature of the human condition. However, the journey toward enlightenment itself has its own rewards. If one embarks upon this quest, one must start stripping away the many veils that life has put upon us. We have an animal nature that was needed for survival, but does not necessarily serve us well as we learn to live within a society and learn to relate to others and the environment. We have angers, judgments, fears, hatreds and many conflicting emotions. We have parents that influenced us in various ways - for better or for worse. We have societies which impose rules, whether they are right or wrong for us. We have religions that impose their beliefs and rules. We all search for happiness, often in the wrong places, which often leads to frustrations, addictions, broken relationships, and eventually unhappiness.

The journey toward enlightenment requires one to look within oneself and to look for the truth. In doing so, one, out of necessity, strips away falsehoods that imprison us. These are often the positions that we have taken, not out of truth but out of emotions or fears that have been poured into us from our animal instincts, parents, religions, societal rules or governments. In the enlightenment process, one begins to understand the true nature of the Self/Consciousness - that one is not the ego/mind that responds to all of the emotions/fears and that takes so many positions that lead to unhappiness, but that one is the Witness and Consciousness that is eternal. As we take the journey toward enlightenment, we gradually strip away the many false premises which make us unhappy. We learn to live a life of truth and we strip away the many causes that make us unhappy. As we take the journey, one comes to an understanding of unconditional love, truth, compassion, gratitude and forgiveness. We then begin to live a life according to those principles. These are all very good reasons to take the steps toward consciousness and enlightenment.

I have learned and experienced much on this subject, especially from the books and teachings of David Hawkins (Power vs. Force, Eye and I) and Eliza MADA Dalian (In Search of the Miraculous: Healing into Consciousness). Consciousness is MADA's term for enlightenment; it is a great term for it teaches us to be in a state of consciousness, of knowing the truth, and not be at the mercy of the ego/mind.

Jerry Gin

Director and Co-Chairman, FMBR

## **FMBR Events:**

**May 8, 2010, – “Jungle Medicine” - Amazonian Shamanic Plant Spirit Medicine with Connie Grauds**

**Time:** 10am – 5pm, **Cost:** \$125 for FMBR members, \$135 for non-members

**Location:** Hidden Villa Preserve, 26870 Moody Rd, Los Altos Hills, CA **Contact:** (650) 948-0419 to sign up.

**May 29, 2010, – “Healing Into Consciousness” - A One Day Workshop with Eliza MADA Dalian**

Transform your fear, pain, and suffering into Consciousness!

**Time:** 10am – 6pm, **Cost:** \$125 for FMBR members, \$135 for non-members

**Location:** Masonic Lodge Fireside Room 146 Main St., Los Altos, CA, **Contact:** (650) 948-0419 to sign up.

Signing up in advance at [www.fmbr.org](http://www.fmbr.org) or via sending a check to FMBR, PO Box 449, Los Altos, CA 94023

## **Future FMBR Meetings:**

**June 18, 2010:** Robert Gilbert Ph.D. will speak about "Egyptian and European Vibrational Research: Discovering the Keys to Life and Healing" at Unity Palo Alto and teach a workshop "Egyptian & European Vibrational Testing and Applications" on June 19, 2010 at the Los Altos Masonic Lodge.

## **Smart Life Forum Speakers:**

June 17, Rollin McCraty - Applications of Heartmath

July 15, Adiel Tel-Oren, MD - Brain Enhancements

May 20, Gary Taubes – “Good Calories, Bad Calories”

For more information visit [www.smartlifeforum.org](http://www.smartlifeforum.org).

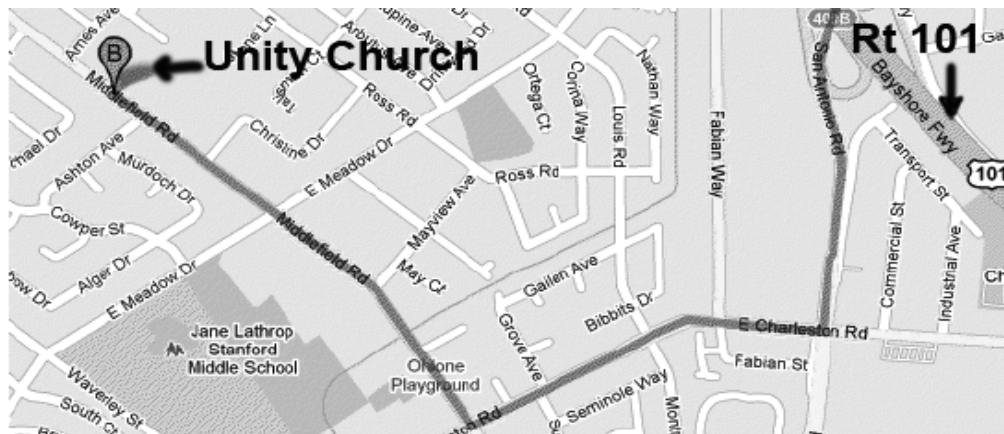
## **Directions**

### From Hwy 101,

1. Take the San Antonio Road exit into Palo Alto.
2. At the first stop light, East Charleston Rd., turn right.
3. Continue to Middlefield Road.
4. Turn right on Middlefield Road, continue for 1.1 miles, crossing East Meadow Drive.
5. Turn right into either of the 2 Unity Church parking lots, church is between the lots.

### From Hwy 280

1. Take the El Monte/Moody Road exit in Los Altos.
2. Turn on El Monte toward SF Bay, continue for 1 mile.
3. Turn left onto Foothill Expressway, continue for 0.3 miles.
4. Turn right onto San Antonio Road, continue for 3.1 miles.
5. Turn left on Middlefield road, continue for 1.1 miles, crossing East Meadow Drive.
6. Turn right into either of the 2 Unity Church parking lots, church is between the lots.



# INFORMATION ABOUT THE FOUNDATION FOR MIND-BEING RESEARCH

The Foundation for Mind-Being Research was established in 1980 to assist in the evolution of consciousness studies and to help bring this new field into wider recognition as a bona fide science. The interdisciplinary nature of the field is reflected in the activities of the organization and in the breadth of interests of its members who currently represent areas of engineering, science, medicine, the humanities, and the arts. With its major focus on facilitating the development of an integrated model of consciousness, the Foundation provides encouragement and resources to a rather unique group of creative researchers and scientists with the objective of betterment of the individual, the society, and the environment.

Because of the special nature of scientific inquiry in this area, the Foundation is interested in building its regular membership with competent individuals who:

- Are open to a multidisciplinary approach to knowledge
- Recognize they are an integral part of any experiment
- Know and are prepared to extend their own level consciousness

The intention is to develop high standards of credibility in all research activities and publications.

## F M B R B o a r d a n d O f f i c e r s :

William Gough – Cofounder / CEO Emeritus  
 Yevgeniy Gorodetskiy – President  
 Mary Cummings – Administrative Director  
 Jerry Gin – Co-Chairman of the Board

Edie Fisher – Chairman of the Board  
 Judy Kitt – Vice President  
 Ken Morley – Director of Comm.  
 Trudy Dong – Treasurer

Tiffany Schneider - Secretary  
 Francis Lee – Tech. Director  
 Austin Marx – Director at Lrg.

The Foundation is incorporated under the laws of the State of California and operates as a non-profit scientific research organization under IRS code 501(a)2 with tax exempt status under Section 501(c)3.

### APPLICATION FORM (Please Print)



Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_

Work Phone \_\_\_\_\_

Email \_\_\_\_\_

I hereby apply for:  Membership – \$50/year (Please include a brief description of your professional experience).

Enclosed is my check for:  Spouse Associate membership (optional) Name \_\_\_\_\_

\$ \_\_\_\_\_  Receive newsletter/meeting announcement only – \$15/year