

# FOUNDATION FOR MIND-BEING RESEARCH

## FMBR Monthly Meetings

**TIME:** 8PM, 4<sup>th</sup> Friday of the month

**PLACE: (New Meeting Location)**  
**Christ Episcopal Church**  
**1040 Border Road, Los Altos, CA**

**COST:** Free to members, \$15.00 Admission  
\$5.00 Students with ID

**Donations to the Foundation are tax deductible.**

## Meeting Directions

### From Hwy 101:

1. Take the San Antonio Road exit into Mtn. View.
2. Continue on San Antonio Road past Camino Real to Foothill Expressway (approximately 4 miles).
3. Turn left on Foothill Expressway.
4. Turn right at the first corner onto El Monte Road.
5. Turn left at the first stop light onto University Ave until it ends, then follow the University Avenue instructions below.

### From Hwy 280:

1. Take the El Monte/Moody Road exit in Los Altos.
2. Turn on El Monte toward SF Bay.
3. Turn right at the stop light onto University Ave until it ends, then follow the University Avenue instructions below.

### From University Avenue:

1. Turn right on Anita Ave, then left almost immediately onto Border Road for 1-1/2 blocks.
2. Pass the junction with Border Hill Dr., then turn right at the first driveway and go up the slope to the upper level church parking lot.
3. Park in the large lot on your right at the TOP of the slope.
4. FMBR meets in the building on the left, opposite the main door to the sanctuary of the church.

## October 24 Program

### Sacred Spiritual Sexuality with

**Stephanie Wadell, M.A. and Jenny Wade, Ph.D.**

**Want Sex?** Then don't miss our *lively* October 24<sup>th</sup> panel discussion that will explore sexual surrogacy and healing, sacred prostitution, and transcendent sexuality. Be sure to bring your spouse or partner!

## Sept. 26, 2008 Meeting

### Nonlinear Energy Field Pupillary Response Dr. Carol Davis

Consciousness studies have become more sophisticated and include advances in technology that can detect, measure, and image neuronal functioning. Today, for the most part, theories on consciousness retain the basic assumption that consciousness is a product of neuronal activity and a local phenomenon. Currently, the most widely used tool in consciousness research is the application of functional magnetic resonance imaging that displays specific cortical areas which light up during physical or mental tasking.

In the pupillary study, a different set of premises is presented. Consciousness is considered to be an immense field of energy in which everything that exists, exists as energy/information. Energies vibrating at the "linear" end of this great spectrum are measurable. "Nonlinear" energies, which cannot be measured with our "linear" instrumentation, are the vibrations of thoughts, ideas, concepts, symbols, actions, intentions, experiences, sensations, etc. This is considered to be the content of our "mind". Consciousness, then, is all that is linear and nonlinear. Our physicality usually operates in the linear spectrum while our "mind" or "consciousness awareness" primarily operates in the nonlinear spectrum. Our conscious awareness is nonlocal, and hence defies being measured as a linear form. However, the nonlinear facilitates the functioning of the linear, which is where traditional science is at its best in its investigations.

The pupillary response, an involuntary physiologic response, was used in the current study as a measure of the effect of nonlinear energy on linear physiology. It was found that there indeed appears to be a consistent involuntary pupillary response to hidden stimuli, and the process facilitated by the act of intention. Positive energy leads to pupillary constriction, while negative energy leads to pupillary dilation. The size and nature of ocular pupils are revealing what is occurring in both our conscious and unconscious awareness! And by shifting our view on the source of conscious awareness from inside the skull to a general field of energy, many of the seemingly unexplained puzzles in current models of consciousness can be answered.

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**Carol Davis** is an L.A. ophthalmologist who attended the University of California at Irvine, and later the University of Chicago to study the neurological basis of behavior. She attended Rush Medical College and then returned to Southern California for residency training. Her pupillary studies started two years ago stemming initially from a search for alternatives to the treatment of ocular diseases. This led to investigating the linear and nonlinear energetic systems of organisms, and eventually to studying the nature of consciousness.

# FOUNDATION FOR MIND-BEING RESEARCH

## FMBR Board of Directors

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## From the Editor

It is a given that most people who believe there will be a consciousness shift sometime in the near future or who ponder how we will get to that point, think that the shift will happen by changing our perceptions and the perceptions of those around us, and creating a mind-meld where the majority of people are focused on the same end result. They think that the principle of quantum mechanics can be applied to make that shift, such that the interconnected mind can just create a definitive vision and expect to see the change envisioned, as the result. Many think that by intentionally meditating or praying in unison, they can create the change they want to see, similar to groups of people who try to heal others at a distance. While thought patterns and energies may be transmitted through space and time, it is, however, still up to the person or persons on the receiving end to do something with those received thought patterns and energies. On a cellular level, the body may try to accommodate those directed energies, but without open receptors that allow the signals to be processed and then downloaded into cellular memory, the message and the medicine are to no avail. This is where the majority on the planet currently stand relative to the expected shift.

Even with all the good will, focused meditation, and awareness of a desired outcome, it is still a person's own responsibility to take those thought patterns and resulting visions, then process and assimilate them, and ultimately apply them to his or her own healing and personal life. If that person doesn't take responsibility for healing himself or the planet, and doesn't have the willpower or personal commitment and faith to process the changes in his own life to fuel the healing processes, all the good intentions in the world will not heal or change that person or entity.

We may be lucky enough to ride peripherally on someone else's changes by taking advantage of opportunities that come as a result. However, we will most likely wake up one day and find that the world has changed but we haven't. **(Cont'd on next page)**

## A Different Path

### Yevgeniy Gorodetskiy

Can you remember those wild adventures you experienced as a child? The parks and forests filled with mystical creatures, the ability to fly thousands of miles away in your mind, and your dreams of other worlds and dimensions that were just as real, if not more real than this one. All of this you were told, and eventually believed, was imaginary. Do you remember what the world felt like back then? These feelings and experiences may not be just childish fantasies.

Young children are much more perceptive than adults and have access to a wider spectrum of informational interactions, which can include other planes and worlds of existence. Those of us interested in paranormal human abilities know of many abilities that are possible for people with a slightly wider spectrum of perception, which fall under the umbrella of "psychic" abilities. These can start with intuition and premonitions. Then there is seeing in many forms, both internal and external, including seeing energy streams and fields (like auras), remote viewing, foreseeing the future and so on. There can also be an expanded awareness of the thinking processes leading to telepathy. Also, other senses can be expanded such as the sense of smell, sound, taste, and touch. The last one is most interesting since a person can begin to feel his own organs and tissues on a much deeper level leading to a sense of other structures both within and around the body. This brings us to human energetic structures.

If a person's perception begins to expand and self-exploration leads him around his own body, he will discover numerous different structures, which are a continuation of the physical body and directly affect the health and consciousness of a human being. There are a number of sets of energetic channels that run within the body and are capable of passing very intense energy currents. An example of these would be the channels that run through the arms and legs. Next there are a number of centers of energy transformation present within and around the body (these are often referred to as chakras). Examples include ones in the area of the chest and the forehead. There is also a complex system of tiny energy tubes that run within and around the body called the meridians. These meridians also carry energy in and out of the organism. Once discovered, a person can learn to work with, start processes within, and perform actions with these energy structures. An example would be bioenergetic healing or altered vision.

The truth is that all of us are given these many incredible gifts that are woven into our biology by nature but we, by our own ignorance, do not use them.

**(Cont'd on next page)**

# FOUNDATION FOR MIND-BEING RESEARCH

## A Different Path (Cont'd)

By consciously exploring these forgotten parts of our being, we open the door to a world from which we are hiding -- behind our informational overloads, technological advances and fear of ourselves. So there is no need to "imagine," as reality is much deeper, richer, scarier, more exciting and full of life than anything we can possibly imagine.

Therefore we should not tell our children that they are imagining things. In fact, they can be seeing things much clearer than we are. All that we as adults need is a desire to take a step back towards ourselves and begin to explore our own body, our energetic structures.

The world is changing and it's not clear in which direction but I would prefer to be around people who are simpler, brighter, and closer to nature, like children. This is why I work with my energetic structures and hope that more people will begin to be a little more sensitive towards themselves and the world by following the same path. There is so much in the world that is worth protecting. Not for ourselves or our children but simply because it exists. I hope that by changing ourselves, our energetic structures, and becoming stronger trees in the forest we can collectively withstand any difficulty that may be ahead of us and individually be able to look at ourselves with content.

*In Russia there is a unique place where people have been doing what I have just described for over 15 years. It's called the Institute of Biosensory Psychology, St. Petersburg, Russia - a Private Education Institution for Additional Professional Education. I have participated and studied at this Institute. The founder of the Institute is Vladimir Tonkov who is a leading figure in the field of human natural abilities and a recipient of a world record in the category "the largest number of people taught in the shortest amount of time the skills of telekinesis (moving objects without contact)" - several hundred in the past two years. These people look like regular people and yet you can tell them apart by a little spark in their eyes and a full-of-care attitude towards the world, which is evident in their every move. While interacting with them you feel no need to pretend or fear. It's an interesting feeling when you can just be yourself. This is the way you feel with people who are not dangerous to you.*

**Reference:** A more detailed description of human energetic structures can be found in the book **Conversations of the Superconscious** by Vladimir Tonkov. Also visit [www.biosens.ru](http://www.biosens.ru).

## From the Editor (Cont'd from previous page)

We may be ill-equipped to deal with these changes because we didn't process the message internally; thus, our own modus operandi didn't kick into gear. That may create a crisis on a personal level, because we did not swallow the medicine that we received. We may believe in the upcoming shift, pay lip-service to the shift, pat ourselves on the back for being a supporter of the shift, but in the long-term, the shift is about taking our intention, processing and swallowing it, and ultimately making it happen. – Dawn Abel

To read the entire article, go to: **Personal Responsibility vs. Quantum Consciousness Shift.** ([www.fmbr.org/papers/reports/responsibility.php](http://www.fmbr.org/papers/reports/responsibility.php))

## FMBR News

**FMBR ANNUAL ELECTIONS** – Annual elections to the FMBR Board will be held at the **September 26<sup>th</sup> meeting** and will begin promptly at **7:30PM**.

Please plan to arrive at **7:30PM** so we can introduce and then vote on the slate of nominees.

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**On Oct. 1, 2008, membership fees will change to \$50.00. Your membership will now include:**

- Free newsletter and monthly lectures
- Discounted workshops
- Invitations to special events
- Reduced price on DVDs:  
members \$20/ others \$30

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**Interested in being a member of the FMBR Board? Can you devote 8 hours a month to perform administrative and other functions? If so, contact us at [info@fmbr.org](mailto:info@fmbr.org). Provide a description of your interests and the must-have skills that you can offer us.**

## Smart Life Forum

(<http://www.smartlifeforum.org>)  
**New Location: Unity Community Church**  
**3391 Middlefield Road, Palo Alto, CA**

**Sept. 18: Sherrill Selman, ND**  
*Women's Holistic Health and Wellness*

**Oct. 16: Larry Roberts, PhD/ Tedde Rinker, DO**  
*The Renegade Patient*

**Nov. 20: John Gray, PhD**  
*Mars and Venus in Collision*

# INFORMATION ABOUT THE FOUNDATION FOR MIND-BEING RESEARCH

The Foundation for Mind-Being Research was established in 1980 to assist in the evolution of consciousness studies and to help bring this new field into wider recognition as a bona fide science. The interdisciplinary nature of the field is reflected in the activities of the organization and in the breadth of interests of its members who currently represent areas of engineering, science, medicine, the humanities, and the arts. With its major focus on facilitating the development of an integrated model of consciousness, the Foundation provides encouragement and resources to a rather unique group of creative researchers and scientists with the objective of betterment of the individual, the society, and the environment.

Because of the special nature of scientific inquiry in this area, the Foundation is interested in building its regular membership with competent individuals who:

- Are open to a multidisciplinary approach to knowledge
- Recognize they are an integral part of any experiment
- Know and are prepared to extend their own level consciousness

The intention is to develop high standards of credibility in all research activities and publications.

The Foundation is incorporated under the laws of the State of California and operates as a non-profit scientific research organization under IRS code 501(a)2 with tax exempt status under Section 501(c)3.

## APPLICATION FORM (Please Print)



Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Home Phone \_\_\_\_\_  
Work Phone \_\_\_\_\_  
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- I hereby apply for:
- Membership – \$50/year (Please include a brief description of your professional experience).
- Enclosed is my check for:
- Spouse Associate membership (optional) Name \_\_\_\_\_
- Receive newsletter/meeting announcement only – \$15/year
- \$ \_\_\_\_\_