

FOUNDATION FOR MIND-BEING RESEARCH

FMBR Monthly Meetings

TIME: 8PM, 4th Friday of the month

PLACE: The Great Sophia Room
Institute of Transpersonal Psychology
1069 E. Meadow Circle, Palo Alto, CA

COST: Free to members, \$10.00 Admission
\$5.00 Students with ID

Donations to the Foundation are tax deductible.

Meeting Directions

From Hwy 101:

1. Take the San Antonio Road exit west.
(away from Bay).
2. Take the first right onto Charleston Road.
3. Take the first right onto Fabian Way.
4. Take the first left onto East Meadow Drive.
5. Cross the first intersection (E. Meadow Circle).
6. ITP is a few buildings down on the right.

From Hwy 280 (San Jose):

1. Take Hwy 85 North (toward Mtn. View)
2. Exit Hwy 101 North (to San Francisco).
3. Follow directions above **from Hwy 101.**

From Hwy 280 (San Francisco):

1. Take the El Monte/Moody Road exit in Los Altos.
2. Turn on El Monte toward SF Bay.
3. Turn left on Foothill Expressway.
4. Turn right at the first light, onto San Antonio Rd.
5. Go approximately 3 miles (past Central Expwy) and turn left on Charleston Road.
6. Take the first right onto Fabian Way.
7. Take the first left onto East Meadow Drive.
8. Cross the first intersection (E. Meadow Circle).
9. ITP is a few buildings down on the right.

May 24th Workshop

Una Hellich White, M.F.A., Ph.D.

Meet and Create With Your Guides: Creative Communications with Your Guides and Your Soul Through Guided Imagery and Paintings

Join Una to unleash your creative and healing energies through painting, using your intuition. No artistic background necessary. All materials included.

Location: Institute of Transpersonal Psychology, Palo Alto

Cost: \$95 at door, \$85 prepaid, \$55 for students

To register: Call Tiffany – 415-350-5015

Add'l info: www.fmbr.org, www.unaarthealinglight.com

May 23, 2008 Meeting

Advanced States of Consciousness through Technology

Dr. James Hardt

There are few successful methods in our culture to learn to resolve internal and external conflicts and nurture relationships through love and forgiveness. These methods are essential to resolving the many crises facing humanity. The Biocybernaut Institute offers methods to resolve these conflicts, make positive shifts, and transform lives using advanced technology for consciousness processing and spiritual growth.

Spiritual Teacher Drunvalo Melchizedek said that 95% of all the students he teaches around the globe are unable to get much of what he is teaching because of emotional blockages caused by traumas and fear. After his Biocybernaut Alpha One training in 2007 he said, "The Biocybernaut training is the single best way that I know of to remove those emotional blocks and open people to higher spiritual learning."

The Zen Roshi, Ryuho Yamada Rosi, took the Biocybernaut Alpha One training and said, "The Biocybernaut training is better than having your own Zen Master."

Results for students taking the Biocybernaut Institute Alpha One brainwave training program showed: 50% increase in creativity; 11.7 points of IQ boosting (stable a year out); beneficial personality changes such as reduced anxiety and depression; and increased happiness, joy, and motivation. Alpha One students also learned to successfully discipline their egos and intellects. The advanced Theta brainwave training programs enabled students to access the Akashic records to bring new and unknown information into their lives.

About the Speaker

Dr. James V. Hardt serves as the President and founder of Biocybernaut Institute, Inc. He holds a B.S. in Physics from Carnegie Institute of Technology and an M.S. and Ph.D. in Psychology from Carnegie-Mellon University. He also has post-doctoral training in Psychophysiology from the University of California at San Francisco. Dr. Hardt has authored or co-authored more than 60 papers and professional presentations, and has authored, co-authored or has pending over 30 patents for the core technology, headset, training methodology, and brain-centered portion of virtual reality applications.

For additional information, go to:

<http://www.biocybernaut.com>.

FOUNDATION FOR MIND-BEING RESEARCH

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FMBR Commentary

Both within the educated esoteric community and the modern new age movement there is much talk about major changes approaching within the coming decades; "end of the world," so to speak, as is pointed to by a number of traditions. Some of the evidence cannot be denied such as astrological and planetary changes. Yet what concerns me is not the truthfulness of the idea or the scale of the change. My concern is of the effect that this idea has on those who are captivated by it.

A wise friend once said on the subject: "We can speak as much as we want about the near end of the world, but for each person it means his personal end. And if you look at it this way, the value of each moment is penetrated by responsibility for the events in this life – for the way that you manage what was given to you by nature. This includes both your own abilities and capabilities (internal resources) and your attitude towards everything that surrounds us. This is why I prefer biosensory personal development, marked by the acceptance of the many-sidedness of life and by being conscious in your choice of actions." The term *biosensory* is based on an interconnection of two words meaning elements: bio from the Greek *bios* (life), meaning in relation to biological objects; and sense from the Latin *sentire* (to perceive; feel), meaning by application of the sensing apparatus.

Whether the world will end tomorrow or in a billion years, the real question is how each of us will meet that moment. I think that if more of us would be concerned with this instead of other theoretical, sometimes interesting, but in the end irrelevant information, we would find ourselves to be completely different, and life would begin to become a little clearer. To begin to examine those "dirty corners" and the "abandoned attics" within ourselves is where real change begins, bringing us a tiny bit closer to what we long for the most – our real selves. These are the changes in consciousness that collectively could lead to a brighter, more sustainable world.

–Yevgeniy Gorodetskiy

Age of Convergence

Charles Ostman

Let's assume that humanoid lifeforms, as a species and planetary civilization, are at the edge of an evolutionary test. Assume that we are approaching a threshold for which there is no known precedent. Traditional theoretical models accept certain specific inarguable conditions: (1) linear progression and systemic development of cultures, organizational complexity, and genetics are the precursor to our current existence status; and (2) no development or intervention by "external" means ever occurred. I would argue that neither of these conditions is necessarily true. In fact, an increasing body of evidence suggests alternative possibilities that directly defy the more traditionally "accepted" development and evolutionary models.

First, note that around the world and across myriad boundaries of race and cultures, people in all walks of life are currently responding to a profound sense of urgency. Our current existence is exposing us to increasing levels of complexity. We are becoming immersed in an environment where everything that affects our perceived existence is interconnected at all times. This interconnectiveness is accelerating in real time. We are experiencing an "existence velocity" never before encountered in human history!

Second, note the future projections from a myriad of ancient cultures around the world. Well over 60 different cultures on five continents – regardless of the unique nature of their linguistics, narrative methods, and styles of expression – constructed monuments using fantastic feats of engineering. They chronicled and depicted, in great detail, spectacular and significant events to be encountered in current or near current time. They inscribed highly sophisticated astronomical calculations detailing these events, often with technical skill that cannot be explained or duplicated to this very day. These inscriptions, foretelling events for the first third of the 21st century per the Julian calendar, show remarkable consistency. The question is, why?

Today we are at that edge of time specifically cited by this diverse collection of cultures. What we find are features of a current world that could not possibly be comprehended by the ancient cultures. Our future "existence" is currently being driven by synthetic biology, artificial lifeforms and intelligences, applied nanotechnology, cybernetic enhancements to the mind and body, and many other areas of already applied science that are redefining such basic concepts as "what is life, thought, or even consciousness itself?"

I believe that the evolution of living systems tends to be a trauma-induced process. When the periodicity and amplitude of the trauma cycle does not exceed the system's capacity to respond, the system evolves to a more robust form.

(Cont'd on next page)

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Age of Convergence (Cont'd)

Furthermore, like a fractal, this system dynamic tends to operate at all scales of interaction both large and small. For humans as a societal mechanism, this system dynamic affects the evolution of the individual, the family, the clan or tribe, on to entire civilizations. On a macro scale it extends to planets, and further extends to cosmological evolution.

I would argue, at this juncture in time, that a further extension of this process-dynamic model could be applied to spiritual evolution. This is what was chronicled as an approaching event horizon by various cultures at ancient monuments. Thus, it appears that we will be compelled as a requirement, to reach a stage of spiritual maturity. As an artifact of spiritual evolution, we will be absolutely confined to a system purge, like a system reset, but on a planetary scale. This is a logical system mechanism designed to purge and protect the integrity of a cosmological ecology. This is the message conveyed in ancient prophecies, told to various societal sampling sites millennia ago. This rapidly approaching evolutionary event horizon, currently referred to by some as the "singularity," is an era when artificial forms of life and intelligences will merge together with "naturally occurring" versions to become an operational ecology of our making.

Supporting evidence for this possibility exists in the organic compounds that have been spectrographically identified in regions of cosmic dust and related regions beyond our solar system. Specialists in the field of exobiology have found examples of life here on this planet that, *by previous scientific criteria of only a few years ago*, could not exist. This suggests that the "rules" for life occurring elsewhere are much more flexible than previously thought. Hence, I propose that life is absurdly common throughout the cosmos. We are not special or unique, but are part of a larger cosmological ecology. It is very likely that we are, in fact, the byproduct of a process I would refer to as *intelligent panspermia*, the artifact of a combination of our own unique genetic formulation and the intersection of "others" from somewhere else. This directly defies the traditional development and evolutionary models.

In closing, we are now facing an evolutionary test. It is one that occurs regularly on countless planets scattered throughout billions of galaxies. We are entering an age where at least potentially, accelerating technologies will converge with an emergent form of spiritual maturity. This combination will enable us to see our world, the cosmos, and ourselves holographically. I refer to this age as the age of convergence. **(Cont'd in next column)**

Age of Convergence (Cont'd from left)

About the Author

Charles Ostman is an active participant in the Millennium Project for Global Futures Studies and Research, a part of the American Council for the United Nations University. He has authored numerous technical papers and published articles, lectures frequently around the country and abroad, and has contributed content featured in a number of books, including *CyberLife*, *Secrets*, the *SIRS Applied Sciences Journal*, and is involved in various other authoring projects. He has been a featured guest and speaker from PBS Television to the nationally syndicated *Coast to Coast AM*. He has 25+ years experience in the fields of electronics, materials science, computing and artificial intelligence.

For additional information, go to:
<http://www.historianofthefuture.com>.

FMBR Community News

FMBR will be moving to a new location starting in September. We will send out details in our September newsletter. If you can offer our foundation a venue on a monthly basis, free-of-charge, please contact us at: info@fmbr.org.

The **25th Conference on Shamanism and Alternative Healing** will be held:

Date: August 30 - Sept. 1
Place: Santa Sabina Retreat Center, San Rafael, CA
Cost: \$250.00 payable to *Jurgen Kremer/Shaman Conference*
Mail to: Jane Hawes, 1440 Euclid Ave, Berkeley, CA 94708
Add'l info: Contact - roztaichi1@pacbell.net

Smart Life Forum

(<http://www.smartlifeforum.org>)
New Location: Unity Community Church
3391 Middlefield Road
Palo Alto, CA

May 15, 7PM: Marianna Bozesan, M.S.
How the Body Speaks and Why We Must Listen

June 19, 7PM: Ellen Cutler, M.D.
On MicroMiracle: Discover the Healing Power of Enzymes

INFORMATION ABOUT THE FOUNDATION FOR MIND-BEING RESEARCH

The Foundation was established in 1980 to assist in the evolution of consciousness studies and to help bring this new field into wider recognition as a bona fide science. The interdisciplinary nature of the field is reflected in the activities of the organization and in the breadth of interests of its members who currently represent areas of engineering, science, medicine, the humanities, and the arts. With its major focus on facilitating the development of an integrated model of consciousness, the Foundation provides encouragement and resources to a rather unique group of creative researchers and scientists.

Because of the special nature of scientific inquiry in this area, the Foundation is interested in building its regular membership with competent individuals who:

- Are open to a multidisciplinary approach to knowledge
- Recognize they are an integral part of any experiment
- Know and are prepared to extend their own level of consciousness

The intention is to develop high standards of credibility in all research activities and publications.

The Foundation is incorporated under the laws of the State of California and operates as a non-profit scientific research organization under IRS code 501(a)2 with tax exempt status under Section 501(c)3.

APPLICATION FORM (Please Print)



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I hereby apply for: Membership – \$35/year (Please include a brief description of your professional experience).

Enclosed is my check for: Spouse Associate membership (optional) Name _____

\$ _____ Receive newsletter/meeting announcement only – \$15/year